## HOW JESUS CHANGES US

# Changing From The Inside Out - Part 4

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## 3 Things Paralyze Our Potential:

 *Our fears about the future*

 *Our regrets about our past*

 *Our doubts about our abilities*

**Luke 5:17-19 (Mes)**

 “*One day Jesus was teaching (in a home). They had come from nearly every village… even as far away as Jerusalem, to be there. Some men arrived carrying a paraplegic man on a stretcher. They looked for a way to get into the house and set him before Jesus. But when they couldn't find a way in because of the crowd, they went up on the roof, removed some tiles, and let him down in the middle of everyone, right in front of Jesus!”*

# WHAT WILL HAPPEN IF I ASK JESUS TO CHANGE ME?

1. **FIRST, HE WILL Ease Your Fears**

**Matt. 9:2 (NCV)**

 *“They brought to Jesus a man who was paralyzed and lying on a mat. Then Jesus said to the paralyzed man, "Be encouraged, young man.”*

**Prov. 12:25 (NASB)**

 *“Anxiety in your heart weighs you down, but an encouraging word cheers you up.”*

**1 Peter 5:7 (NLT)**

###  “Give all your worries and cares to God, for He cares about what happens to you.”

**Psalm 34:4 (NCV)**

 *“I asked the Lord for help, and He answered me. He freed me from all my anxious fears!”*

**2. SECOND, HE WILL Eliminate Your Guilt**

 **Luke 5:20 (NCV)**

*“Then Jesus said, "Friend, your sins are forgiven."*

## HOW DOES JESUS FORGIVE ME?

* **Instantly!**

 **Isa. 55:7 (GN)**

 *“God is merciful and quick to forgive.”*

* **Completely!**

**Col. 2:13-14 (Ph)**

*“He has forgiven all your sins. He has utterly wiped out the evidence of broken commandments which always hung over our heads, and has completely annulled it by nailing it to the cross!”*

* **Freely!**

**Rom. 3:22 (LB)**

*“God says He will accept and acquit us – declare us ‘not guilty’ — if we trust Jesus Christ to take away our sins...no matter who we are or what we have been like.*”

**3. HE WILL Enable You To Do What Seems Impossible**

**Mark 2:10-12 (NLT)**

 *“Then Jesus turned to the paralyzed man and said, ‘Stand up, take your mat, and go on home, because you are healed!’ The man jumped up, took the mat, and pushed his way through the stunned onlookers. Then they all praised God. ‘We've never seen anything like this before!’ they exclaimed.”*

**Mark 10:27 (LB) – Memory Verse**

 *“Jesus said, ‘Without God, it is utterly impossible. But with God everything is possible!’"*